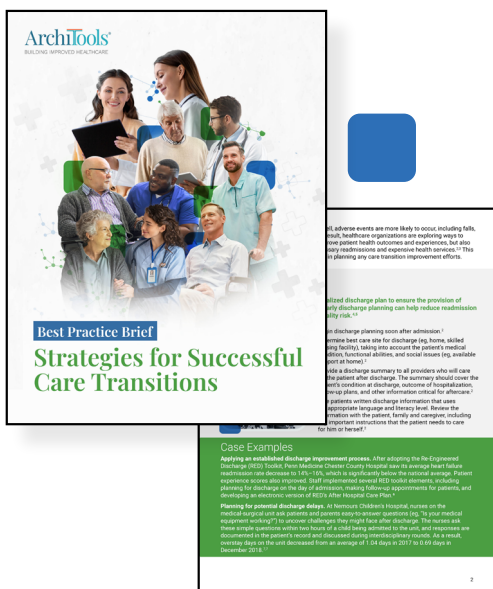


The Care Transitions toolkit is designed to help health care organizations effectively coordinate care for patients as they move from one care setting or provider to another. It contains information for healthcare providers and for patients and their caregivers.



An Introduction to the Care Transitions Toolkit

Geared toward healthcare professionals, the introduction to the toolkit explains how efforts to enhance care transitions can help healthcare organizations improve the care experience, impact population health and potentially reduce per capita costs. It examines evidence-based models and frameworks, such as ProjectRed and the IDEAL Discharge Planning strategy, and provides guidance on how to use the toolkit.



Best Practice Brief: Strategies for Successful Care Transitions

This brief presents five evidence-based strategies to consider in planning any care transition improvement effort along with real-world implementation case examples. The strategies discussed include:

- Enhance discharge processes
- Identify patients at risk for hospital readmission and arrange for needed services and supports to ensure effective care transitions
- Carefully review patients' drug regimens at admission, discharge, and transfer to identify omissions, duplications, or inaccuracies
- Collaborate and share accountability to ensure effective hand-offs with other care sites and providers
- Actively engage patients and their families in the discharge planning process to help make care transitions safe and effective

Care Transitions Toolkit

Patient and Caregiver Education Brochures

The Care Transitions Toolkit also includes three educational brochures that healthcare professionals can download and share with patients and their caregivers. These brochures can be used to ensure patients stay safe and healthy after a hospital discharge or other care transition.

- **Preparing Your Home for Your Recovery.** This checklist helps patients and caregivers set up the home for safety. It also highlights strategies and tools for making daily activities, like eating and dressing, easier during recovery
- **Getting the Care You Need at Home.** This brochure highlights common services that individuals may need after a hospital stay, ranging from follow-up medical care and physical therapy to home-delivered meals and transportation assistance. Patients will also find tips on how to arrange these services
- **Help for Caregivers.** This resource provides caregivers with helpful advice on how to share the burden and reduce the stress of caregiving



Other ArchiTools Resources Related to Care Transitions

The Care Transitions Toolkit is not the only place to find resources related to care transitions on ArchiTools. Four other toolkits also contain helpful insights:

- **Getting Ready for Discharge Toolkit.** A set of resources designed to optimize discharge planning and create a more effective care transition process
- **Medication Reconciliation Toolkit.** Resources designed to support the implementation or augmentation of a medication reconciliation program
- **Making the Most of Your Medical Appointment Toolkit.** Materials designed to help patients get the most out of a scheduled medical encounter
- **Skills for Promoting Patient Empowerment Toolkit.** A set of resources that describe different patient empowerment strategies and communication techniques that promote behavior change and the development of effective self-management skills